# UniFire October 2021

Monthly Newsletter of the Unitarian Universalist Church of Yakima We celebrate community and promote spirituality, justice, responsibility, and compassion.

407 N 1st St, Ste 1, Yakima, WA 98901 (509) 453-8448 · uucyakima.org admin@uucyakima.org

Services begin at 10 a.m. on Zoom; information on how to join us can be found in every weekly update. Contact the office if you are not already on the email list or if you need technological help.

#### October 3 – Thoughts on Sharing

Sharing, even when we were not planning on it, can bring us joy in the end. Rosemary Saul will offer some thoughts on this topic, and will share a seasonal picture book.

#### October 10 – Tune In Together

Join UUCY via Zoom for beginning of service and watch together as two speakers explore their journeys through Unitarian Universalism. "Hysterical Women" by Liz James and Anne Baker — from the people who brought you Mirth and Dignity and the UU Hysterical Society, a story of friendship (and a tiny manifesto in defense of Hysteria).

# October 17 – Frayed at the Edges

Are you feeling all cranky and anxious nowadays? Less than your loving and compassionate self? Merrill Thomsen will take a look at this all-too-ubiquitous, state of our lives and will examine some ways to relieve the unrelenting discomfort and ongoing stress. Bring your ideas to share.

## October 24— Cultivating Relationships

Pandemic time has given us the chance to learn an important truth about relationships by bringing so much to a halt and making us more mindful and deliberate about our interactions. An essential learning about cultivating relationships is how important it is to Go Slow. We can find a quieter way of moving; a more careful way of dancing with each other. Susan Kaphammer will share thoughts and readings prompted by the *Soul Matters* series to explore how relationships are really hard to build and care for when we are running.

#### October 31- Goblins, Ghouls and Ghosts in Your Life

Relationships have been a major focus of our October UUCY services. We've explored sharing, journeying together, mending our frayed edges and what it means to nurture and cultivate relationships. This Sunday Linda King will facilitate as we explore the goblins (mischievous sprites), ghouls (beings that feed on us) and ghosts (life essences) in our lives. Please plan to share in this exploration of the things that "haunt" us on this Halloween Day.

# **UUCY President's Report**

Hello friends.

It's been very disappointing to me to have to forgo in-person meetings and services due to COVID and smoke, and I'm sure many of you share those feelings. Fortunately, our excellent Sunday Services Committee has been able to put together some great services on Zoom -- not a perfect solution by any means, but definitely better than no services at all.

I'm really looking forward to the time (whenever that will be) when we can resume meeting in person in our new home, particularly because it will allow us all to discuss in detail our vision for the future of UUCY. There are a lot of great ideas floating around that need to be listened to and considered.

In the meantime, life at the church goes on. If you haven't already, visit N. 1st Street and take a look at the signs Scott has erected to advertise our presence. And, while you're there, think about other things we could do to make our home more attractive and inviting to guests and potential members -- we know they're out there!

Eventually this pandemic will subside, and we want to be ready to move forward when it does.

In faith.

Bill

# **UU Social Justice in Yakima**

Some general advice: join with at least one group working for justice in Yakima; attend meetings, give donations, write letters to the newspaper, act with them, put up signs... Get involved!

Not sure where to get involved? Here are just a few groups doing good work locally.

#### La Casa Hogar

Supports English language and citizenship classes. 106 S. 6th St. Yakima, WA 98901 (509) 457-5058

#### Yakima Pride

LGBTQ support group. P.O. Box 1171, Yakima, 98901 (509) 426-7799

#### Climate 360

Student organization advocating for and reporting on climate issues.

Call Briana for more information (contact the office for her number).

#### Yakima Immigrant Response Network (YIRN)

Volunteer-based group working on immigration issues as they arise.

Call Danielle Surkatty for updates (contact the office for her number).

#### League of Women Voters

Protecting and getting out the vote. (509) 452-3419

#### Justice Housing

Building a village of small permanent houses for the homeless.

P.O. Box 1097, Yakima, WA 98907 (509) 508-1301

#### Rod's House

Supporting homeless and at risk youth, ages 16-26.

204 S. Naches Ave. Yakima, WA 98901 (509) 895-2665

#### YWCA of Yakima

Shelter for victims of domestic violence and acting to overcome racism in the Yakima Valley. 818 W. Yakima Ave., Yakima, WA 98902

#### Planned Parenthood

Providing physical and counseling regarding pregnancy; UU members picket each Thursday from 10 to 11 a.m. in support.

1117 Tieton Dr., Yakima, WA 98902

## Yakima Association of Faith Communities

Interfaith group of churches fighting religious discrimination and supporting each other.

Call Rev. David Hacker for actions/meeting times (contact the office for his number).

#### Homeless Veterans Housing

Apartments for veterans provided by the Yakima Housing Authority.

For further information contact Phil Dindia or Carole Sahlstrand; reach out to the office for their information.

# Anti-Racism Learning Circles with First Unitarian Portland

You are invited to join First Unitarian Portland for Anti-Racism Learning Circles, which begin in early to mid-October. Since it's on Zoom, you can join from anywhere!

Learning circles are small discussion cohorts based on a book or podcast that provide important learning about white supremacy, racism, and our national history. Each cohort (typically 4-12) gathers for a series (from 4-10 sessions) of facilitated Zoom discussions. Each individual is given the opportunity to share reactions, then discuss as a group. It's recommended that you attend all sessions so participants can build bonds of trust and insight.

Meeting dates & times vary. For descriptions, schedules & to register go to: LEARNING CIRCLE REGISTRATION

# **UUCY Wednesday Coffee On Zoom**

What is the UUCY Coffee Chat? For some time, members of our UUCY community and friends have enjoyed getting together on Wednesday mornings at 9 a.m. at a local coffee shop to drink coffee liberally. They are currently meeting on Zoom; check the weekly update or reach out to the office for a link.

# Join the UU Quilting and Crafting Group On Zoom for Show & Tell!

The quilting group is meeting on Zoom. They gather on the fourth Saturday of every month at 9 a.m. Bring your latest masterpiece and materials to make your next; all crafty types are welcome! Contact Rosemary Saul or the office for the link.

Next Meeting: October 23rd

# UUCY BOOK CLUB: ON ZOOM! "BOOKS ARE A UNIQUELY PORTABLE MAGIC." – Stephen King

Drop in at 6:00 PM on the second Tuesday of every other month as the UUCY Book Club gathers members, friends and guests to celebrate and discuss books. We will meet online; check your Thursday update for the Zoom link!

Titles selected are available from Yakima Valley Libraries, often in hardcopy and electronic versions. They are also out in paperback and available through Inklings Bookshop at a "Book Club Member" discount.

# November 9, 2021: Hamnet by Maggie O'Farrell

England, 1580: The Black Death creeps across the land, and a young Latin tutor—penniless and bullied by a violent father—falls in love with an extraordinary, eccentric young woman. Agnes is a wild creature who walks her family's land with a falcon on her glove and is known throughout the countryside for her unusual gifts as a healer, understanding plants and potions better than she does people. Once she settles with her husband on in Stratford-upon-Avon she becomes a fiercely protective mother and a steadfast, centrifugal force in the life of her young husband, whose career on the London stage is taking off when his beloved young son succumbs to sudden fever.

A luminous portrait of a marriage, a shattering evocation of a family ravaged by grief and loss, and a tender and unforgettable reimagining of a boy whose life has been all but forgotten.

(Book information adapted from web pages for Inklings Bookshop and Yakima Valley Libraries.)

# **UUCY TEAMS AND LEADERSHIP**

#### **SUNDAY SERVICES**

Chair: Linda King

Susan Gallegos

Susan Kaphammer

Debra Kroon

Sunny Sonker

Merrill Thomsen

#### **AUCTION**

Nancy Born

# **SOCIAL JUSTICE**

Phil Dindia

Carole Sahlstrand

# **FAITH FORMATION**

Susan Kaphammer

#### **FINANCE**

Chair: Janis Luvaas Bill Jacobs

# Your 2021 to 2022 UUCY Board of Trustees is:

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UUCY OFFICE: 407 N. 1st St, Ste 1, Yakima, WA 98901 • uucyakima.org 509-453-8448 • admin@uucyakima.org