

MONTHLY NEWSLETTER OF THE UNITARIAN UNIVERSALIST CHURCH OF YAKIMA

We celebrate community and promote spirituality, justice, responsibility, and compassion.



NOVEMBER 2023



November 5: UU Purposes and Principles Revisited!

Save the date! Join Bill Jacobs, who will share proposed revisions of our purposes and principles that are the very foundation of our faith. There will be time for discussion. See the Article II Study Commission section of UUA.org for more information.

November 12: Spirituality for Atheists (or maybe not)What does spirituality mean? Is it incompatible with atheism? By the way, what is that? Join us to explore these questions and more.

November 19: Gift of Generosity

The call for generosity may off-handedly be equated with the call to be kind. But deep, deliberate and conscious practice of generosity changes how we relate to life, prompts both the giver and the receiver to feel seen and less alone, and undermines comfortable views to invite justice in. From the *Soul Matters* resources, Susan Kaphammer will share thoughts on these spiritual gifts of generosity: transformation, connection and challenge.

November 26: Post-Thanksgiving Soup and Bread
Gratitude is like a muscle that you can build. By practicing daily we can find even the smallest thing to be grateful for on any given day. Maybe it is tissue for your tears. Or that extra zucchini the gardening neighbor snuck and placed by your door. Let's join together this day, break bread and enjoy homemade soups while sharing our gratitude with each other. Debra Kroon is organizing.



UUCY Coffee Gatherings

Join us every Wednesday at 9 a.m. at Catalyst Coffee (221 E. Martin Luther King, Jr. Blvd.) for coffee, companionship and conversation!

Circle Suppers Make a Comeback!

The first one will be held Sunday, November 12, at 4 p.m. Sign up at UUCY in person—just note your name, how many will attend with you, whether you can be a host, and if so, how many guests you can host.

November 12 is Diwali, the Hindu festival of lights, celebrating the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance." This might be a perfect opportunity to celebrate a festival of flavors, too! There are lots of links online to Indian dishes traditionally eaten during Diwali. Culinary adventures are completely optional, of course! The host decides the menu.

Any questions? Call the office at 453-8448 or contact Nancy Born.

No Game Night In November

Due to how the dates fall, our usual last-Friday-of-the-month schedule would put November game night on the Friday after Thanksgiving, so we will skip this month and resume in December with a date between Christmas and New Years.



For now, the quilting group is on an indefinite hiatus.

Knitters, crocheters, spinners, fiber artists of all stripes are welcome to join other makers Tuesday nights 5:00-7:00 p.m. at UUCY, 407 N. First St., Unit 3. Bring a project to work on or if you need help or inspiration, that will be available, too!

Wanted: Memories of Greta Crosby's UUCY Ministry from 1988 -1996

Greta Crosby's daughter is seeking people who were present at UUCY to reflect on her ministry in that era. A few paragraphs is perfectly fine, unless drawn to further reflection. Any submissions will be greatly appreciated and can be sent to larapollock@hotmail.com.

New Committee: Aesthetics Affairs

On September 11, 2023 the Board of Directors of UUCY officially established "the Aesthetic Affairs Committee". This committee is for the purpose of improving the aesthetics of our space. The committee consists of Lucy Stevens, Lucy Valderhaug, Carole Sahlstrand, Ulla Whitmont, Secretary, and Andrew Whitmont, Chair. Meetings are once or twice a month. If you are interested in participating please contact Ulla or Andrew Whitmont.



Chalice Circles

Chalice circles are a way to explore topics in a small group (8 - 10) for six weeks in a comfortable setting. No experience needed though repeat participation is encouraged. One person has expressed an interest. We need four or five more to contact either Emilee or Gean before we can schedule a circle.

NEW TIME FOR BOOK CLUB: 3:00 to 5:00 PM, THURSDAY, NOV. 9

In case you haven't noticed, the days are getting shorter, we are changing our meeting time so we can discuss and still get home in the daylight!

As always, everyone is welcome to our lively conversation, thoughtful reactions, and, of course, laughter. If you haven't read the book, come anyway for the fellowship, and listen to our considerations of *Interior Chinatown* by Charles Yu. Optional: bring a snack to share.

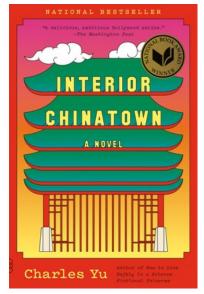
November 9, 2023: Interior Chinatown by Charles Yu. 2020. 288 pages.

• NATIONAL BOOK AWARD WINNER •

"A shattering and darkly comic send-up of racial stereotyping in Hollywood" (Vanity Fair) and a deeply personal novel about race, pop culture, immigration, assimilation, and escaping the roles we are forced to play."

Every day, Willis Wu leaves his tiny room in a Chinatown SRO and enters the Golden Palace restaurant, where Black and White, a procedural cop show, is in perpetual production. He's a bit player, but he dreams of being Kung Fu Guy—the most respected role that anyone who looks like him can attain. Or is it?

After stumbling into the spotlight, Willis finds himself launched into a wider world than he's ever known, discovering not only the secret history of Chinatown, but the buried legacy of his own family. Infinitely inventive and deeply personal, exploring the themes of pop culture, assimilation, and immigration.



"Meticulously crafted. . . . Yu tells us about ourselves with his haunting depictions of the immigrant experience, familial relationships, and the abiding desire to break from the pressures of conformity and live an authentic life."—Los Angeles Review of Books

"Conflates history, sociology, and ethnography with the timeless evils of racism, sexism, and elitism in a multigenerational epic that's both rollicking entertainment and scathing commentary."—*Booklist* (starred review)

UUCY TEAMS AND LEADERSHIP

SUNDAY SERVICES

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SOCIAL JUSTICE

Chair: Debra Kroon

Nancy Born

Phil Dindia

Denise Edwards

FAITH FORMATION

Carole Sahlstrand

Bill Jacobs

Susan Kaphammer

FINANCE

Susan Kaphammer

Chair: Janis Luvaas

Sunny Sonker

Linda King

Bill Jacobs

Your 2023 to 2024 UUCY Board of Trustees is:

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UUCY Administrator – Hannah Born (hours: 10 a.m. to 3 p.m., Tues., Thurs., & Fri.)